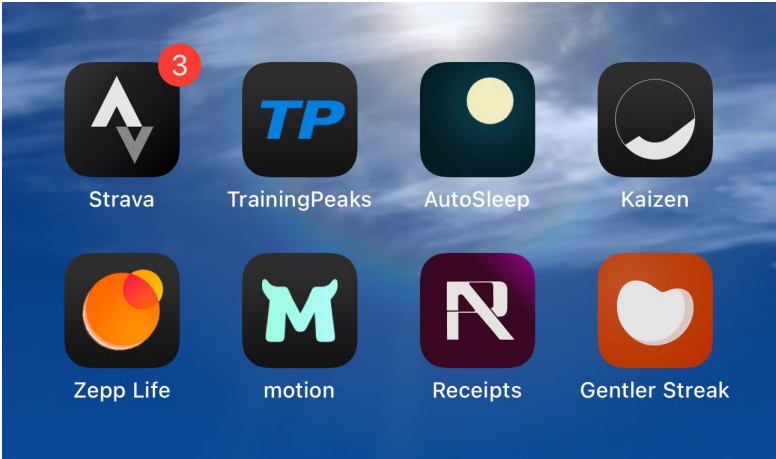# Aug 5th, 2024: In search of the complete training app

Why are there so many specific workout and training apps, and why is no one really offering the complete set of features even an amateur athlete needs?

I find myself using over 10 apps for different needs: a couple for my vital metrics, another couple for the sleep quality, and more. I just want a dashboard to look at everything when I need it, and I don't think it's that hard, being that many metrics are automatically pulled from the Apple Watch.

So I'll dream of my perfect, ultimate training and workout app.

It doesn't require nutrition and specific gym training because those are *specific* data that need to be processed, and cannot be just read from the device. I'll also reference the specific app that already does this - because nobody needs to reinvent the wheel, everything's already out there.

Feature	App Origin
Workout Planning	TrainingPeaks
Automatic Workout Import	Apple Fitness
Fitness Score Planning (ATP)	TrainingPeaks
Coach linking	TrainingPeaks
Numeric streak representation	TrainingPeaks
Visual streak representation	Gentler Streak
Public Feed	Strava
Heatmaps	Strava
Public leaderboards and onchain attestations	Receipts
Visual and numerical representation of vitals based on sleep and wake-up readiness	AutoSleep / Gentler Streak

No single app has all this combined. Hopefully, some new apps like Gentler Streak or Receipts can take on this quest. Also, TrainingPeaks does have some of these data points already available, but there's not a programmatic way to import those and sync them with the training plan.

It seems like it's so hard, but maybe it isn't?

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